



COMMUNITY HELP CARD

Abuse and Neglect
 Adult & Child Protective Services 855-444-3911
 Area Agency on Aging 3c 888-615-8009
 Domestic And Sexual Abuse Services 800-828-2023
 National Child Abuse Hotline 800-422-4453
 National Human Trafficking Hotline..... 888-373-7888

Adoption/Foster/Kinship Care
 Department of Health and Human Services Licensing and Placement..... 269-303-3838
 Michigan Foster Care Navigator Program (foster care licensing, placement & adoption) 855-642-4543
 CASA Court Appointed Spec. Advocate for Child, Ellie's Closet 269-934-3707
 Judson Post Adoption Services..... 269-220-0967
 Kinship Care Grandparents & Other Caregivers Raising Children 734-794-2988
 Rooted of St. Joseph County 269-858-5704
 Support for Hope..... 269-503-3907
 269-625-4663

Child Care and Preschool
 Help Me Grow St. Joe 269-283-0010
Resource Navigation for Birth to Age 5: EHS, GSC, GSRP, CA/M, Early On, & more
 Community Action (Head Start & Early Head Start) 269-273-8563 or 269-659-9047
 Child Care Licensing 866-685-0006
 Child Care Resources 800-343-3470

Children with Special Needs
 Children's Special Health Care Services 269-273-2161
 Community Mental Health & SA Services 269-467-1000
 Great Lakes Center for Autism & Research Hear2Heart Autism Center 269-250-8200
 Lending Hands (durable equipment) 269-535-9183
 Ripple Effects Learning Center (Centreville) 269-567-4381
 SUC ISD (Special Education Services Birth -18y) 269-241-2700
 269-467-5400

Counseling: Mental Health (MH) Substance Abuse (SA) Services
 Community Mental Health & SA Services 269-467-1000
 CMHSAS After Hours.....(MH, SA) 800-622-3967
 Covered Bridge Healthcare.....(MH, SA) 269-467-3228
 Illume Wellness Group ..(MH, SA) 269-256-6542
 KZA Counseling ..(MH) 269-273-0606
 National Suicide Prevention Lifeline (MH,SA) 800-273-8255
 Sturgis Consultation Center (MH, SA) 269-651-9579
 Transitions Wellness Center 269-273-2024
 Still Waters In-Home Counseling.....(MH)..... 269-244-3634

Disability Services
 Alzheimer's Association 800-272-3900
 Bureau of Services for Blind Persons 800-292-4200
 Disability Network of Southwest Michigan 269-345-1516
 March of Dimes (Kalamazoo) 269-343-5886
 Michigan Rehabilitation Services 877-901-9187
 St. Joseph Community Co-op 269-659-5025
 Shriners (orthopedic and burns) 800-237-5055

Disaster/Crisis Assistance
 Central Dispatch 269-467-4195
 Red Cross 800-382-6382
 St. Peter's Comfort Dog Ministry (Serving crisis and non-crisis needs)..... 269-718-2467

Educational Opportunities
 Barrows Adult Education School/G.E.D. 269-279-9581
 Centreville Community Education 269-467-5215
 Sturgis Adult & Comm. Ed. Center x40217 269-659-1500
 Centro V.I.D.A. ext 40209 269-659-1500
 Centro DeAvudaext 40205..... 269-659-1500

Education - Continued
 Driver's Education 269-496-9020
 -L & L Driving School 269-506-5111
 -Michigan Traffic Safety 269-487-9945
 Glen Oaks Community College 269-467-5511
 MSU Ext.(Michigan State University) 269-294-4234
 SJC Early Middle College 269-467-5400
 SJC Intermediate School District 269-816-2057
 SJC Literacy Council 269-816-2057

Emergency Shelter
 Domestic and Sexual Abuse Services 800-828-2023
 KeyStone Place Inc. 269-467-7078
 Red Cross...(disaster victims option 4)..... 800-382-6382

Employment
 Foster Grandparents Program 269-965-7768
 Michigan Rehabilitation Services 877-901-9187
 Michigan Works! Southwest 269-273-2717
 Trade Adjustment Assistance..... 269-273-2717
 Youth Opportunities Unlimited 269-775-1660

Financial Assistance
 Community Action (Home Repairs, Utilities) 877-422-2726
 Department of Health & Human Services 269-467-1200
 Apply for assistance online at newmibridges.michigan.gov
 Social Security Administration 800-772-1213

Food and Clothing
 Building Hope Free Store (Centreville) 269-319-0358
 Clothes Sanctuary (Sturgis)..... 269-651-5990
 Community Action (commodities) 877-422-2726
 Community Clothes Closet (Colon) 269-432-3625
 County Closet Free Store (Three Rivers)..... no phone
 Department of Health & Human Services 269-467-1200
 Apply for assistance online at newmibridges.michigan.gov
 Goodwill Angels' Get Help Helpline 269-422-0327
 Holy Angels Helping Hands (Sturgis) 269-651-5200
 Immaculate Conception Food Pantry 269-278-8953
 Kings Closet (VXVChurch by appointment)..... 269-273-5708
 Meals on Wheels 800-641-9899
 Salvation Army 269-651-4275
 Stone Cottage Free Store (Three Rivers) 269-535-2786
 Sturgis Nazarene Our Daily Bread ext 718 269-651-1724
 WIC Program - Health Department 269-273-2161
 Pregnancy Helpline, Sturgis 269-659-1100
 Pregnancy Helpline of Three Rivers 269-278-2211
 South Michigan Food Bank (local pantries)..... 269-964-3663
 UCAP United Community Assistance 269-244-4599
 United Way (food & other resource info)..... 269-467-4099

Health Services
 American Cancer Society 800-227-2345
 BHSJ Health Department 269-273-2161
 CARES (AIDS & HIV services) 269-381-2437
 Community Mental Health & SA Services 269-467-1000
 Covered Bridge Healthcare 269-467-3228
 Ascension Student Help & Healing Center 269-659-6519
 Healthy Michigan Plan 269-273-2161
 I-MED (Urgent Care) Walk in Clinic 269-279-6700
 Lending Hands (medical equipment) 269-567-4381
 Medicaid - Eligibility 800-467-1200
 Medicaid - (Michigan Enrolls) 877-313-6232
 P.A.W.S. Student Clinic 269-273-1418
 Poison Control Center 800-222-1222
 Pregnancy Helpline of Three Rivers 269-659-1100
 Red Cross (CPR First Aid Training & Cert) 800-733-2767
 Sturgis Hospital..... 269-651-7824
 Three Rivers Health-Bacon Health System 269-278-1145
 Three Rivers Home Health Care & Hospice 269-278-6108

Suicide Prevention
 For immediate service 9-1-1
 CMH & SAS 24 Hour Crisis Line 800-622-3967
 National Suicide Prevention Lifeline 800-273-8255
 or 9-8-8

Housing and Shelter
 KeyStone Place, Inc. 269-467-7078
 Domestic & Sexual Abuse Services 800-828-2023
 Supportive Service for Veterans and Families..... 269-986-1103
 Kalamazoo Gospel Ministry 269-345-2974
 Altrusa Teen Share 517-278-5094
 The Ark (teen shelter & resource Exchange-Colowater) 269-858-5583
 Hope United 269-873-8336
 Fair Housing Center of Southwest MI 866-637-0733
 Habitat for Humanity 269-467-4663
 Sturgis Neighborhood Program 269-651-4780
 Community Action (utilities) 877-422-2726
 Salvation Army (utilities) 269-467-1200
 UCAP United Community Assistance 269-244-4599
 Program (utilities) 269-467-1000
 True North Community Services..... 231-355-5880
 empower heat & energy assistance
 USDA Rural Development 269-657-7055

Legal Services & Concerns
 Counsel & Advocacy Law Line 888-783-8190
 Farm Worker Legal Services 800-968-4046
 Child Support Services 269-467-5570
 Legal Aid of W. Michigan (up to 59 yrs) 269-344-8113
 Legal Services of South Central Michigan (seniors 60+) 800-688-3951
 Legal Hotline for Michigan Seniors 800-347-5297
 Michigan Department of Civil Rights 800-482-3604
 Mid-America Pension Rights Project 866-735-7737
 Victims Advocate 269-467-5546

Special Populations
 Centro V.I.D.A. ext 40209 269-659-1500
 Farm Worker Legal Services- Migrant, Immigrant & Seasonal Worker 800-968-4046
 Mexican Consulate of Detroit 248-336-0320
 Michigan Works! Southwest 269-273-5708
 Michigan United.....ext 705 877-507-7774
 NAAACP 269-343-4105
 Telamon (Hispanic) 269-459-2300

Runaway Services
 The ARK (teen shelter & family support) 800-873-8336
 Catholic Charities 269-381-9800
 National Runaway Safe Line 800-786-2929

Senior Services
 AARP 888-687-2277
 Alzheimer's Association 800-272-3900
 Area Agency on Aging 3C 888-615-8009
 Commission on Aging.....269-279-8083 / 800-641-9899
 Lending Hands (durable medical) 269-567-4381
 Long Term Care Ombudsman 866-485-9393
 Meals on Wheels 800-641-9899
 MI Choice Medicaid Waiver 800-711-2113
 Michigan Medicare Hotline 800-803-7174
 Oaks Enrichment Ctr. 269-279-8083 / 800-641-9899
 Rivers Enrichment Ctr. 269-279-8083 / 800-641-9899
 Social Security Administration 800-772-1213
 TR Home Health Care & Hospice 269-278-6108

Self-Help/Support Groups
 Alcoholics Anonymous 269-349-4410
 Alzheimer's Association 800-272-3900
 Celebrate Recovery (see Substance Abuse) 269-467-1001
 CMHSAS Wellness & Recovery and Peer Support Services ext.377
 Community Fatherhood 269-282-1340
 Disability Network Southwest Michigan 269-345-1516
 Family Center Hotline 800-359-3722
 Gambling Hotline 800-270-7117
 (Children's Special Healthcare Needs) 269-467-5473
 Great Start Parent Coalition 269-381-2437
 HIV/AIDS - CARES 269-651-2348
 Journey Through Grief Support 269-858-5704
 Kinship Care Support Group 269-858-5704
 Medicaid - Beneficiary Helpline 800-642-3195
 Michigan Tobacco Quit Line 800-784-8669
 Narcotics Anonymous 800-230-4085
 Stroke Support Group- Three Rivers 269-273-9681
 Three Rivers Health Grief Support Group 269-278-6108
 Thurston Cares Support Group 269-503-7800

Housing and Shelter
 KeyStone Place, Inc. 269-467-7078
 Domestic & Sexual Abuse Services 800-828-2023
 Supportive Service for Veterans and Families..... 269-986-1103
 Kalamazoo Gospel Ministry 269-345-2974
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 Hope United 269-873-8336
 Fair Housing Center of Southwest MI 866-637-0733
 Habitat for Humanity 269-467-4663
 Sturgis Neighborhood Program 269-651-4780
 Community Action (utilities) 877-422-2726
 Salvation Army (utilities) 269-467-1200
 UCAP United Community Assistance 269-244-4599
 Program (utilities) 269-467-1000
 True North Community Services..... 231-355-5880
 empower heat & energy assistance
 USDA Rural Development 269-657-7055

Legal Services & Concerns
 Counsel & Advocacy Law Line 888-783-8190
 Farm Worker Legal Services 800-968-4046
 Child Support Services 269-467-5570
 Legal Aid of W. Michigan (up to 59 yrs) 269-344-8113
 Legal Services of South Central Michigan (seniors 60+) 800-688-3951
 Legal Hotline for Michigan Seniors 800-347-5297
 Michigan Department of Civil Rights 800-482-3604
 Mid-America Pension Rights Project 866-735-7737
 Victims Advocate 269-467-5546

Special Populations
 Centro V.I.D.A. ext 40209 269-659-1500
 Farm Worker Legal Services- Migrant, Immigrant & Seasonal Worker 800-968-4046
 Mexican Consulate of Detroit 248-336-0320
 Michigan Works! Southwest 269-273-5708
 Michigan United.....ext 705 877-507-7774
 NAAACP 269-343-4105
 Telamon (Hispanic) 269-459-2300

Runaway Services
 The ARK (teen shelter & family support) 800-873-8336
 Catholic Charities 269-381-9800
 National Runaway Safe Line 800-786-2929

Senior Services
 AARP 888-687-2277
 Alzheimer's Association 800-272-3900
 Area Agency on Aging 3C 888-615-8009
 Commission on Aging.....269-279-8083 / 800-641-9899
 Lending Hands (durable medical) 269-567-4381
 Long Term Care Ombudsman 866-485-9393
 Meals on Wheels 800-641-9899
 MI Choice Medicaid Waiver 800-711-2113
 Michigan Medicare Hotline 800-803-7174
 Oaks Enrichment Ctr. 269-279-8083 / 800-641-9899
 Rivers Enrichment Ctr. 269-279-8083 / 800-641-9899
 Social Security Administration 800-772-1213
 TR Home Health Care & Hospice 269-278-6108

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 Family Center Hotline 800-359-3722
 Gambling Hotline 800-270-7117
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 Great Start Parent Coalition 269-381-2437
 HIV/AIDS - CARES 269-651-2348
 Journey Through Grief Support 269-858-5704
 Kinship Care Support Group 269-858-5704
 Medicaid - Beneficiary Helpline 800-642-3195
 Michigan Tobacco Quit Line 800-784-8669
 Narcotics Anonymous 800-230-4085
 Stroke Support Group- Three Rivers 269-273-9681
 Three Rivers Health Grief Support Group 269-278-6108
 Thurston Cares Support Group 269-503-7800

Substance Abuse
 Alcoholics Anonymous Hotline..... 269-349-4410
 Celebrate Recovery, Riverside Church(TR) 269-273-8723
 Whole Life Church (Sturgis) 269-503-2567
 Destiny Church (TR) 269-718-6828
 St. Paul's Lutheran (Colon)..... 269-303-4811
 Gracepoint Baptist (Sturgis)..... 269-689-5027
 Community Mental Health & SA Services 269-467-1000
 CMH & SA 24 Hour Crisis Line 800-622-3967
 Covered Bridge Healthcare 269-467-3228
 Kalamazoo Gospel Ministry 269-345-2974
 (long term recovery services)
 Hope House (Women's Recovery Housing) 269-271-1024
 Narcotics Anonymous Hotline 800-230-4085
 Southwest Michigan Behavioral Health 800-781-0353
 Substance Abuse Task Force(ext380) 269-467-1000

Walk in Help 8am-4pm
 Michigan State Police 269-558-0500
 Marshall Regional Post #54, 714 Old US 27 N., Marshall, MI 49068

Transportation
 Medicaid Transportation Information 269-467-1200
 St. Joseph County Transportation Authority 800-964-5700/
 269-273-7308
 Driver's Education - See Education

Unemployment Services
 Unemployment Claims Number 866-500-0017
 Michigan Works! 269-273-2717

Veteran's Services
 Battle Creek VA Medical Center 269-966-5600
 CHAMPVA 800-733-8387
 SUC Veterans' Services for Veteran Families 269-467-5577
 Supportive Services for Veterans Families..... 269-986-1103
 VA Benefits / SJC Vet Services Director 800-467-5512
 VA Debt Management Service (non-med) 269-827-0648
 VA Health Care Benefits Hotline 877-222-8337
 VA Resource Center 800-642-4838
 VA Suicide Hotline 800-273-8255

Women's Programs
 Domestic & Sexual Abuse Services 800-828-2023
 Pregnancy Helpline - Sturgis 269-659-1100
 Pregnancy Helpline - Three Rivers 269-278-2211

Youth Programs
 4-H 269-467-5521
 Boy Scouts of America (MCC) 734-971-7100
 Girl Scouts Heart of Michigan 800-497-2688
 Three Rivers Area Mentoring 269-278-8726
 Youth for Christ 269-651-1669

Volunteer Opportunities:
 CASA Court Appointed Advocate for Foster Kids..... 269-934-3707
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 MSU Extension 4-H & "Ag-Citing" Programs 269-467-5511
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 Or call your local school, hospital, nursing home or parent coalitions.

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 empower heat & energy assistance
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