

Subject: Health Advisory – Hand, Foot, and Mouth Disease

Dear Parents and Guardians,

We want to make you aware that our school has experienced an increase in reported cases of **Hand, Foot, and Mouth Disease (HFMD)**. HFMD is a common childhood illness caused by a virus. It often begins with fever, sore throat, and decreased appetite, followed by the appearance of a rash or small blisters on the hands, feet, and inside the mouth.

To help prevent further spread within our school community, we kindly ask that:

- **Students diagnosed with HFMD remain at home** until their symptoms improve and any blisters are healing.
- Parents and guardians **notify the school office** if their child has a confirmed case of HFMD.
- Families encourage proper hygiene practices such as frequent handwashing, covering coughs and sneezes, and avoiding the sharing of food or drinks.

Most children recover fully within 7–10 days with rest, fluids, and over-the-counter medicine to reduce fever or discomfort. If symptoms appear severe or persist, please consult your healthcare provider.

We appreciate your cooperation and support in keeping our students, staff, and families healthy.



Elementary Principal
Angie Spence
(269) 496-2175

